***Counselling Services of Belleville and District***

***Autism Services Parent Education Series***

CSBD is offering a Parent Education series the fall, and you’re invited! The sessions aim to provide caregivers with an introduction to Applied Behaviour Analysis (ABA) strategies that will equip you to teach your child new skills and manage challenging behaviour. Caregivers will walk away with tools to implement behaviour change practices at home and in their community. At the end of this series you will be able to: Identify learning goals for your child, develop strategies to teach skills and to increase desired behaviours while decreasing undesired behaviours, measure and monitor progress through practical data collection and change and adjust strategies to promote positive changes in behaviour and skills. *Please see the calendar of events on the following page.*

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| *The parent education material has been recently updated, and covers the following topic areas.* | |
| **Module 1: Reinforcement**  This module introduces the basics of Applied Behaviour Analysis, and focusses on answering the questions “what is reinforcement & what does it look like for my child?” | Image result for Strengthen |
| Image result for Applied Behaviour Analysis clip art | **Module 2: Understanding Behaviour**  Ever wonder “Why in the world do they keep doing that?” Well this module aims to help you find the answer to that question and will show you ways to track and measure behaviour change. |
| **Module 3: Teaching new skills & increasing desirable behaviours**  This module aims to help you determine where to start when trying to teach your child a new skill. You will be given the opportunity to practice coming up with a learning plan for various skill areas. |  |
| Image result for bringing it all together | **Module 4: Bringing it all together: Creating a behaviour change plan**  At this point you may be thinking “that’s all great, but how am I actually going to do this?” The answer is YES! And the material and activities for this week will help you create a plan that you can walk away from the session with to implement at home with your child. |

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| **Autism Services - Parent Education 2019** | | | | | | |
| **September 2019** | | | | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11  Parent Education;10:00-12:30 (Module 1) | 12 | 13 | 14 | 15 |
| 16 | 17 | 18  Parent Education;10:00-12:30 (Module 2) | 19 | 20 | 21 | 22 |
| 23 | 24 | 25  Parent Education;10:00-12:30 (Module 3) | 26 | 27 | 28 | 29 |
| 30 | 1  **OCTOBER** | 2  Parent Education;10:00-12:30 (Module 4) | 1 | 2 | 3 | 4 |
| **November 2019** | | | | | | |
| 28 | 29 | 30 | 31 | 1 | 2 | 3 |
| 4 | 5  Parent Education; 6:00-8:30 (Module 1) | 6 | 7 | 8 | 9 | 10 |
| 11 | 12  Parent Education; 6:00-8:30 (Module 2) | 13 | 14 | 15 | 16 | 17 |
| 18 | 19  Parent Education; 6:00-8:30 (Module 3) | 20 | 21 | 22 | 23 | 24 |
| 25 | 26  Parent Education; 6:00-8:30 (Module 4) | 27 | 28 | 29 | 30 |  |

***Cost:*** $125/person

***Location:*** Quinte Wellness Centre, 265 Cannifton Rd, Belleville, K8N 4V8

***For more information or to register, please call CSBD reception at: 613-966-7413***

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