

CSBD Autism Services Fee for Service Virtual Service Options

In efforts to continue to provide services during this time of social distancing, CSBD is offering virtual services options for new and existing clients. Our services include both individual and group service options.

Individual Consultations

Caregivers will meet virtually with a member of the Autism Services team to discuss goals related to their child's individual needs. Consultations may focus on goals such as, creating a visual schedule for academic work, teaching a life skill, or accessing appropriate community resources.

Given the brief nature of this service, consultations will focus on a single goals area and cannot address significant challenging behaviour. **Cost: \$65**



Parent Coaching Sessions

Participants will be coached through implementation of strategies designed to address a specific goal area. Sessions will be 1-1.5 hours in length. Topics of parent coaching could include, but are not limited: social skills, emotional regulation, building academic independence/routines, communication and daily living skills. **Cost: \$65/session**

Group Based Services for Youth

Groups will focus on a specific goal area based on group needs. Participants will be provided with homework to complete in between sessions. Goals will be taught through the use of interactive learning tasks, games and activities. Topics of group sessions could include, but are not limited to: social skills, emotional regulation, building academic independence/routines, communication and daily living skills. **Cost: \$65/session**



For more information please visit our website, www.csbd.on.ca or email us at autismservices@csbd.on.ca

CSBD Autism Services Virtual Service Options

In efforts to continue to provide services during this time of social distancing, CSBD is offering virtual services options for new and existing clients. The services listed below are free of charge.

Workshops

Workshops covering various topics are available for free on our website. Workshops will be available on demand, allowing parents to access the information at a time that fits their needs. Individual consultations with a member of the autism services team will be available following completion of the workshop in order to answer questions that may arise during completion of the workshop.



Parent Education

Learn the basics of Applied Behaviour Analysis by completing our four module parent education series. Each module covered a different topic area that will help parents and caregivers support their child's learning at home and in the community. Modules can be accessed by visiting our website. Individual consultations with a member of the autism services team will be available following completion in order to answer questions that may arise during completion of each module.

Parent Support Discussion Group

Participants will meet virtually with fellow parents to discuss various topics related to their child and their needs. Sessions will be facilitated by a member of the Autism Services Team, and participants will take the lead on the discussion.



For more information please visit our website, www.csbd.on.ca or email us at autismservices@csbd.on.ca